

Form 5

Dear Parent/Carer

Welcome to Heath Town Swimming Club. We hope your child will have an enjoyable and happy time as a swimmer at our club and that they make many new friends and enjoy training and competing with us.

We, as an ASA swim 21 club are committed to help your child achieve to a standard that is appropriate to their potential. The coaches and teachers are here to help them reach their potential and have been trained to do so in a safe and proper manner.

Swimming Sessions

Lane Pool Sessions

Monday 7:30 – 8:30pm – Adult Lessons (Beginners and Improvers)
7:30 – 8:30pm – Training Session

Tuesday 7:00 – 8:00pm – Improvers
8:00 – 9:00pm – Training Session

Thursday 7:00 – 8:00pm – Improvers
8:00 – 9:00pm – Training Session

Studio Pool Sessions

Tuesday 7:00 – 7:45pm – Absolute Beginners
7:45 – 8:30pm – Improvers (lengths in Studio Pool)

Thursday 6:30 – 7:15pm – Absolute Beginners
7:15 – 8:00pm – Improvers (lengths in Studio Pool)

The club has a child safeguarding policy which the club Welfare Officer will have a copy of or a can be obtained from the club website. The club is committed to your child's welfare and if you are concerned about any aspect of what is happening at the club you can speak to the club Welfare Officer who will help you deal with the concern appropriately.

Your club Welfare Officer is Sheila Ratcliffe contact details of which can be found on the club notice board or on the club website.

You can also contact the Swimline helpline to talk about your concerns with a person who understands swimming and the welfare of children and young people. Swimline is contactable on 0808 100 4001. You will be asked to leave a number at which a swimliner can call you back within 24 hours. This number will also access the NCPCC/Child Line helpline number if you need to speak to someone immediately just hang on until your call is answered.

Your club does not condone bullying of any kind by adults or juniors and has an anti-bullying policy, a copy of which can be obtained from the club Welfare Officer or on the club website.

We hope your child will have a happy and successful time while a member of Heath Town Swimming Club.

From Sheila Ratcliffe
Welfare Officer

Useful websites for parents, children and young people

Kidscape – Have a helpline and downloadable leaflets on what to do if your child is being bullied.
www.Kidscape.org.uk

Childline – Help for children and teenagers. Need advice or just want to talk? Call Childline 0800 1111.

Child Protection in Sport Unit (CPSU) – call 0116 234 7278/728. The CPSU have useful downloadable documents at www.cpsu.org.uk